

**M. Halpert**  
Catering Limited

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**TRANSFAT FREE A.M. / P.M. SNACK MENU**

A.M.	WW Shreddies Milk	No Nut Butter WW Bagels	Apple Sauce Rice Cakes	Caesar Dip Veggie Sticks	Cottage Cheese Wheat Crackers
<b>P.M.</b>	<b>Blueberry Loaf Fresh Fruits</b>	<b>Yogurt Fresh Fruits</b>	<b>Multigrain Cereal Milk Raisins</b>	<b>Sliced Cheddar W.W./Multigrain Crackers</b>	<b>Tuna Salad WW Bagel</b>
A.M.	Corn Flakes Milk	Hardboiled Egg W.W. Crackers	Raspberry Square Milk	Yogurt Fresh Fruit	No Nut Butter W.W./Multigrain Crackers
<b>P.M.</b>	<b>Apple Sauce Rice Cakes</b>	<b>Morning Glory Muffins Fresh Fruit</b>	<b>No Nut Butter Banana Rollup</b>	<b>Corn Chips Cheese Salsa</b>	<b>Yogurt Fresh Fruits</b>
A.M.	WW Shreddies Milk	Cottage Cheese Fresh Fruits	Raspberry Square Milk	Raisin Bread No Nut Butter	Granola Bars Fresh Fruits
<b>P.M.</b>	<b>Banana Cake Fresh Fruits</b>	<b>No Nut Butter W.W. English Muffin</b>	<b>Egg Salad W.W. Mini Pita</b>	<b>Spinach, Onion Dip Whole Wheat or Multigrain Crackers</b>	<b>W.W. Goldfish Raisins Milk</b>
A.M.	Corn Flakes Milk	Yogurt Banana Chips	Granola Bars Fresh Fruits	No Nut Butter Raisin Bread	Oatmeal Raisin Cookie Fresh Fruits
<b>P.M.</b>	<b>Nachos Cheese Salsa</b>	<b>Raspberry Squares Fresh Fruits</b>	<b>Ricotta Cream Cheese WW Bagel</b>	<b>Bran Muffin Fresh Fruits</b>	<b>Chickpea Dip Whole Wheat or Multigrain Crackers</b>